



# Risk Assessment Form

Event/Activity: Grass Sledging					Date: 27/1/19	
					Reviewed by:	
					Review date: 27/1/20	
Event Coordinator: Activity Leader			Numbers Attending:	Adults:	Children:	
Consent for Event/Activity forms completed: (circle) Yes      No      N/A		Venue: Thirtover Place		Instructor qualifications checked* (if applicable) :      Yes      No		
Hazard	Who is affected?	What controls are in place?	Risk level (L/M/H)	Are further controls necessary?	Action by & date	Review by & date
Collision	Participants	Leaders shown braking procedure Only on sledge on the run at any one time	L	Group Leader supervision		
Hand injury/leg injury	Participants	Leaders shown sitting position, arms and legs within sledge at all times, whilst descending slope	L	Group Leader supervision		
People being hit by a sledge	Participants	Participants shown how to steer and break, so they do not hit any obstacles. Participants walk back up on the left (facing up the hill)	L	Group Leader supervision		
Damaged equipment	Participants	Sledges are checked prior to each session and maintained monthly using correct spares	L	Group Leader supervision		
Lifting and carrying sledge	Participants	Participants work in pairs to carry sledges. Lift with knees bent, straight back. Use correct lifting technique	L	Group Leader supervision		